

## Winter/Cold Camping Checklist *(\*part of the Ten Essentials)*



### Clothing

- Moisture-wicking long underwear
- Long-sleeve shirt
- Insulated jacket or fleece jacket
- Insulated pants or fleece pants
- Rainwear (jacket and pants)\***
- Winter boots and gaiters
- Socks (synthetic or wool)
- Gloves or mittens
- Warm hat or balaclava
- Extra clothes\***



### Campsite

- Winter tent (with guylines)
- Snow or tent stakes
- Cold-weather sleeping bag(s)
- Well-insulated sleeping pad(s)
- Sit pad(s)
- Headlamp(s) (+ extra batteries)
- Optional:**
- Camping pillow(s)
- Sleeping bag liner(s)
- Extra blanket(s)



### Navigation

- Map\* and compass\***
- Route description or guidebook
- Watch
- GPS
- Satellite messenger/PLB



### Kitchen

- Stove and fuel
- Matches/lighters + fire starter\***
- Cook set and pot lifter
- Cooking and eating utensils
- Dishes/bowls and mugs/cups
- Insulated vacuum bottles
- Biodegradable soap
- Pot scrubber/sponge
- Trash/recycling bags



### Food & Water

- Water bottle(s) and/or reservoir\***
- Extra day's supply of food\***
- Insulated sleeves for bottles and reservoirs
- Water filter/chemical treatment\*
- Extra fuel + pot to melt snow\*
- Meals and snacks
- Cocoa/hot beverage mixes
- Animal-resistant food container(s)



### Emergency

- First-aid kit or first-aid supplies\***
- Whistle
- Emergency shelter
- Two itineraries: 1 left with friend + 1 under car seat



### Health & Hygiene

- Sun Protection\***
  - **Sunglasses**
  - **Sunscreen**
  - **Lip balm**
  - **Hat**
- Hand sanitizer
- Quick-dry towel
- Toothbrush/toothpaste + floss
- Sanitation trowel
- Toilet paper/wipes and sealable bag (to pack out)
- Menstrual products and urinary products
- Prescription meds (if needed)
- Prescription glasses



### Snow Travel

- Backpack
- Daypack or ski pack
- Snowshoes
- Skis (with skins)
- Snowboard or splitboard (with skins)
- Backcountry ski poles or trekking poles (with snow baskets)
- Crampons
- Ice axe

### Avalanche Gear:

- Avalanche transceiver (1 per person)
- Avalanche probe (1 per person)
- Snow shovel (1 per person)
- Slope meter
- Snow saw

### Optional:

- Handwarmers and footwarmers
- Oversized zipper pulls
- Two-way radios
- Binoculars



### Tools & Repairs

- Knife or multi-tool\***
- Duct tape and repair kits for pad/mattress and stove
- Tent pole repair sleeve
- Extra cord



### Personal Items

- Flashlight\***
- Personal mess kit
- Credit card and/or cash
- ID
- Cellphone
- Campsite permit (if required)
- Trail pass (if required)
- Notebook and pen/pencil



### Extra Items

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- \_\_\_\_\_
- \_\_\_\_\_
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## Ten Essentials

Pocket Knife



First Aid Kit



Water Bottle



Flashlight



Firestarter



Extra Clothes



Rain Gear



Trail Food



Sun Protection



Map and Compass

